

# Central London Clinical Commissioning Group Leaflet

**NHS**  
Central London  
Clinical Commissioning Group

## Sharing Your Medical Information



### Sharing your medical records supports your care



You hold the key and you can decide what information you share and who you share it with

## Patient Benefits:

- You won't need to repeat your medical history
- You avoid unnecessary appointments and tests
- You can be more involved in decisions about your care
- Health professionals have the right information at the right time
- You can choose whether to share your information and how it is shared
- Your records are handled securely and confidentially

## How sharing has worked:

Each health service provider such as your GP practice, hospital or district nurse etc. holds their own individual records about you and your treatment. Your GP receives updates by letter or email, but does not see your complete medical record and nor do other providers see your GP medical record.

This can mean that your health professional does not always have the most up to date information.

It may result in you having to repeat blood tests or investigations which have already been done elsewhere. You may also need to repeat your medical history, your allergies or your medicine to more than one person.

## How sharing works now:

Improved IT in our area means that your GP can receive updates electronically about you and your treatment from every provider involved in your care. You give permission so your GP sees your complete medical record and your other healthcare providers see your GP medical record.

You avoid unnecessary appointments and tests because appointments can be better planned and test results shared.

You can be more involved in your care because you can see your medical records and talk to your health professional about your treatment.

## What happens next?

When your GP refers you to another provider they will ask you if you are happy to share your medical records with that provider.

You can give your consent to share all or some of your medical records but you do not have to.

Tell your GP or health professional and they can mark either all, or part of your medical record as private – making it unavailable for sharing.

You can change your mind at any time. Your GP or health professional can record your choice to share or not share your information with every provider.

Health professionals have been trained to keep your records secure and to manage them responsibly and in confidence

## Want to find out more?

If you want more information please talk to your GP practice or health professional. Or look here:

**Central London CCG website**

[www.centrallondonccg.nhs.uk/patientrecord](http://www.centrallondonccg.nhs.uk/patientrecord)

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